The GULL'S CRY GCSC's original newsletter; revitalized.



Upcoming...!

SGA announcements!!!

New clubs to join! Club highlights and meeting times!

TIPS FOR STAYING UP TO DATE ON YOUR CLASSES!

Squirrel Hunt & comics



Welcoming our new Interim President!

On behalf of the student body and SGA, we would like to welcome our new Interim President, Dr. Cheryl Flax-Hyman to her new position here at the college. We are excited to work side by side with her to make Gulf Coast State College an educational but welcoming environment for everyone!

Your Digital Backpack! Resources for you!



SGA ANNOUNCEMENTS By Nathan Garrett

The Next SGA meeting will be...



October 4th

NEW EBOARD THANKS YOU!

On behalf of the entire SGA board, we want to give a big thanks to the students for giving us the opportunity to serve you for the 22-23 year. We will work diligently to ensure that your time spent here on campus is exciting and worth while. Your classes are important, but we also strive to have a safe environment on campus where you can lay back and enjoy some of the student activities that SGA has to offer in between classes.



The month of August was a very busy month for all of us as we got back into the swing of college life. We would like to thank everyone who participated in the August activities. The luau, club rush, and our first board meeting exceeded our expectations! But we want to sail further than ever before. We want to encourage even more people this time around to come and participate in our events, so don't be shy! We have free food, activities, and prizes at just about every major event! So be sure to look at the fall event calendar and text "GCEVENTS" to 79516 to stay up to date on when fun things are happening on campus!



SHOWN IN PICTURE: MADISON HAYNE, ONLINE ENGAGEMENT; ISABEL OZIPEK, TREASURER; NATHAN GARRETT, SECRETARY; ASHTON NORTON, PRESIDENT; REBECCA STARKE, VICE-PRESIDENT; KYLE GREENFIELD, INTERNAL AFFAIRS

GENERAL TIPS TO KEEP UP WITH CLASSES

SAIL WITH CAUTION

The start of the semester can be smooth sailing as long as you're prepared. We are a month into our classes now, but don't get ahead of yourself! Here are some tips to stay on course, Commodore!



Stay organized! Keeping track of when your assignments are due ensures that you don't fall behind. Create a system that works for you; mark due dates on your calendar, create a spreadsheet, write down reminders on sticky notes or on your phone, do whatever works for you. Being consciously aware of when your assignments are due, and having those important reminders, will help you greatly in not becoming overwhelmed by a massive work-load or worse, being caught off guard by an assignment you didn't know you had.

Be sure to tend to your mental health. Sometimes there are more important things, and if you need a reminder, then consider this it. Clean your desk, talk with somebody, do whatever it is you need to do to clear your head once in a while so you don't get frustrated and start resenting your classes. Remember that you are not alone and that we have a plethora of student resources created specifically in mind to help you not only with your mental health, but with your classes as well. Take advantage! Be sure to communicate with your professors and all of us at Gulf Coast State college want you to succeed.

Taking notes is a particularly good strategy for recalling the content learned in class, but not every method of taking notes is effective for everyone. Do what works for you by experimenting with different studying techniques. You may find that you are held more accountable to study if you are in a study-group. If you feel like you don't time to study, then make sure you're using your time effectively by staying organized and cutting out distractions. Even then, finding those small pockets of time throughout your day when you're not busy to recall things that you've learned in classes throughout the week can help to keep that information fresh in your mind. This is a technique called memory recall.

Club Spotlight!

This section will highlight two clubs picked at random each week!

If you're part of a club and would like to have a section in the paper, please consult with your club advisor & contact me by email at nathan.sgasecretary@gulfcoast.edu

The Gull's Cry wants to HELP grow your CLUB! Don't hesitate to contact us!

This week I was able to visit the TRIO and Asian Heritage club meetings! This is what they're up to!

ASIAN HERITAGE CLUB

The Asian Heritage club dedicates themselves to learning more about Asian culture and educating others. Games and other activities such as educational power points are being planned for the club, but it is currently a work in progress. The club is always looking for new members, so feel free to stop by for a relaxing but educational time. Their meeting times are at 2PM every other thursday.

TRIO SOCIETY CLUB



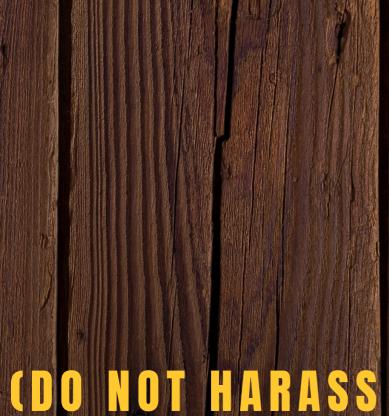
The TRIO program is an excellent resource for students to take advantage of during the semester. The TRIO club is separate from the program but serves a similar purpose; to help students succeed in college. Their meeting times are every other Thursday at 12:30PM in the SUW 307 conference room, in addition they are currently planning an escape room on campus. If you are interested in joining the club, or learning more about TRIO, their offices are located in SUW building on the first floor.

HAVE YOU SEEN THIS SQUIRREL???

WANTED: Squirrel Photographers

This squirrel has been seen running loose on the campus grounds. He is incredibly skilled in the art of climbing trees, eating acorns, and should not be directly approached. To anyone brave enough to stealthily retrieve a picture of this squirrel and his associates, a reward awaits you. Submit your best pictures of squirrels on campus to

nathan.sgasecretary@gulfcoast.edu The best photos will be posted to the next issues of the Gull's Cry. Winners will be announced in the Gull's Cry hall of squirrel photography. Various prizes will be on the line each issue. This months prize is a \$10 gas gift card and a mystery bag!







(DO NOT HARASS THE SQUIR RELSE) NATHAN.SGASEGRETARY@GULFCDAST.EDU